



GRADUATION COMING UP!

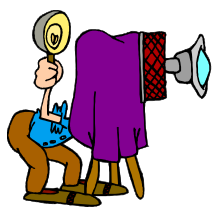


It is with great pride and honor that we recognize the graduates of the *Thurston Fire and Rescue Training Consortium Recruit Academy Class of 2008* and *Medic One EMT Class*. The graduation ceremony takes place Tuesday, June 17, 2008 beginning at 6:30 p.m. It will be held at the Olympia High School Performing Arts Center, 1302 North Street, SE Olympia, Washington.

The South Bay Fire Department has nine Fire Fighter Academy graduates: Mike Fernstrom, Adam Jones, Ressa Larosa, Rikki Reed, Patrick Sharp, Evan Parnell, Lorenzo Moreno, Chris Neuman, and Phillip Thomas. We also have two students graduating from the EMT class: Jacob Kappert and Justin Beard.

These ambitious men and women have achieved success by working hard to increase their knowledge and skill, discover their abilities and strengthen their talents.

Recruits will be joined by their families and friends for this celebratory event. We invite and encourage all of our members to attend and show their support.



Picture Taking Night

We will host two "picture taking" nights on June 16 & 23 for any member to have their picture taken.

If your current picture is out of date or less than flattering, you will want to have a new one taken. Members are asked to please wear their uniform shirt for these photos.

NEW APPLICANTS BEGIN TESTING

As part of our recruitment process new applicants are scheduled to take a written exam and physical agility test in July. Successful applicants who pass their tests will then participate in oral boards. After completing all testing processes and some initial training, recruits will start classes in September for either EMT class or Recruit Academy.

The selection process dates are as follows:

- Physical Agility Practice July 10
- Written Test & Physical Agility July 26
- Oral Boards July 29 & 30

OTEP REMINDER



Don't forget to log-on to www.emsonline.net to complete your online training (OTEP) prior to the scheduled practical session. Four training laptops are available for members to use to complete their training on shift or you can log-on at home. Your username should have been emailed to you. The password is password1. You will be asked to change the password upon log-in.

The following practical MUST be completed on-line prior to attending drill. June 9 ~ orthopedic emergencies.

If you have any questions about this program or need your user name, please contact Chief Thompson.

FAMILY BARBECUE

Every year the Firefighter's Association host a summer family barbecue. This year the fun-filled event takes place on Sunday, August 10, beginning at noon and will be held at the Oddfellows Park off of Walnut Drive. All South Bay Fire Department

members and their families attend. Our Association will and all the fixin's. All you something to share (salad, your appetites! This is a water, so come prepared to swim and soak up the sun. Feel free to bring your boat if you have one. If you have any questions or would like to know how you can help, please call Sean Murphy or Doug Lawrence.



are encouraged to provide burgers, hotdogs need to bring is dessert or side dish) and beautiful park with

Upcoming Events



- ◆ June 2 Bus/Assc mtg 6 pm SCBA
- ◆ June 3 BoFC Mtg 8 am
- ◆ June 9 Drill/Officer's Mtg OTEP
- ◆ June 15 Happy Father's Day!
- ◆ June 16 Drill/Officer's Mtg Standard Evolution
- ◆ June 17 Recruit Academy Graduation
- ◆ June 20 BoFC Mtg 12 noon
- ◆ June 23 Drill/Officer's Mtg Pumps
- ◆ June 30 Drill/Officer's Mtg multi-company Quarter Ends
- ◆ July 4th Independence Day!
- ◆ July 7 Bus/Assc Mtg & Barbecue 6 pm
- ◆ July 10 Physical agility practice BoFC Mtg 4 pm
- ◆ July 14 Drill/Officer's Mtg
- ◆ July 18 BoFC Mtg 12 noon
- ◆ July 19 Lake Fair Parade
- ◆ July 21 Drill/Officer's Mtg
- ◆ July 26 Testing written & p.a.
- ◆ July 28 Drill/Officer's Mtg
- ◆ July 29 & 30 Oral boards

Everybody can be great because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You only need a heart full of grace, a soul generated by love.
~ Martin Luther King Jr.

LAKEFAIR PARADE

Olympia's annual Capital Lakefair celebration takes place July 11-20. Once again, the South Bay Fire Department will participate in the *Grande Parade* on Saturday, July 19th. Members will have fun riding the engine 822 parade truck and celebrating community spirit. The actual parade begins at 5:00 pm and the time to meet at Station 81 will be announced for those interested in participating. We will have a sign-up sheet near the mailboxes. If you have any questions, please contact Sean Murphy or Doug Lawrence. The following is the event schedule. Please visit their web site for further details at www.lakefair.org We hope you can be there to share in the celebration!

- ☺ July 11-13 Boat races at Marathon Park
- ☺ July 16 Carnival & Food Booths open on Water Street
- ☺ July 17 Coronation of Lakefair Queen Main State
- ☺ July 18 Lot's of entertainment & events (see site)
- ☺ July 19 Entertainment & events continue with Parade at 5:00 pm
- ☺ July 20 Entertainment & events continue (see site)

IDENTITY THEFT

Identity theft (IT) can happen to any one of us. IT has been the number one consumer complaint for eight years in a row and is directly linked with Methamphetamine use. Due to prevalent drug distribution and use, Washington State and the Pacific Northwest have one of the highest rates of IT in the Nation.

Thieves look for personal information in a variety of ways: Discarded items in the trash, receipts from purchases, lost or stolen wallets and purses, on-line 'phishing' for personal data, stolen mail from mailboxes and 'skimming' or stealing debit/credit card numbers by using special storage devices.

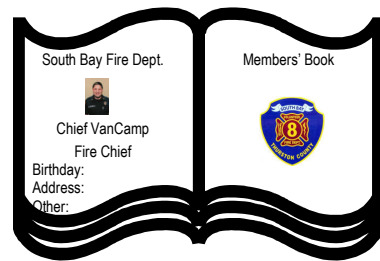
You can protect your identity by following these tips:

- Never give out personal information on-line or over the phone (especially your SS number) without knowing who you are giving it to. Many scammers will send false emails requesting you 'update' information. Always be wary and take steps to contact the company directly yourself.
- Make copies of all credit & ID cards—front & back. Keep this copy in a secure place in case you have your cards stolen.
- Do not carry your SSN card with you.
- Do not put your SSN on your license or checks.
- Sign credit cards upon receipt.
- Save credit card receipts and match them to monthly bills.
- Report stolen cards immediately.
- Contact your bank or credit company if your bill doesn't arrive on time.
- Notify credit companies and financial institutions in advance of address or phone changes.
- Never put account numbers on post cards or on the outside of envelopes.
- Never leave receipts at bank machines, trash receptacles or gas pumps.
- Memorize your SSN and passwords.
- Do not give your real name or personal information in chat rooms.
- Use an alternate email address for on-line purchases.
- Use a PO box for mail.
- Shred receipts once you no longer need them.
- Shred unwanted credit and loan offers.
- Don't share passwords or leave them where others can find them.
- Keep your wallet/purse locked up at work.

ON-LINE RESOURCES

Federal Trade Commission: www.ftc.gov
 Wa State Attorney General: www.atg.wa.gov
 On Guard On line: <http://onguardonline.gov>
 Fraud Center: www.Fraud.org
 Order a free credit report from: www.annualcreditreport.com
 or call 877-322-8228

MEMBERS' BOOK



Our Association is preparing an informational "Members' Book" that will include personal information and a photograph of each of our members. The book will also include a bit of Department history and important fire service contact numbers. The purpose of the book is to keep our members informed and to help them get to know more about each other.

To prepare the books, all members have been asked to complete a members' information form. In addition, we will need an up-to-date photo of each member. Our newest recruits will have completed the fire academy and EMS training in June at which time their dress shirts will be issued and their pictures will be taken.

Picture Taking Night

We will host two "picture taking" nights on June 16 & 23 for any member to have their picture taken. If your current picture is out of date or less than flattering, you will want to have a new one taken. Members are asked to please wear their uniform shirt for these photos. Photographs can also be taken at any Monday night drill or you can drop in the station any time and have it taken.

SUPERBUG STRIKES!

A dangerous superbug that strikes in hospitals and nursing homes is now blamed for more deaths nationwide than all other intestinal infections combined. Most concerning is that the germ, resistant to some antibiotics, is growing at an alarming rate here in Washington state.



The infection, *Clostridium difficile*, (C-diff is short) is found in the colon and can cause diarrhea and a more serious intestinal condition known as colitis. It is spread by spores in feces. But the spores are difficult to kill with most conventional household cleaners or antibacterial soap.

According to a national study by the University of Massachusetts, the number of patients getting c-diff has grown by more than 10,000 cases a year. Nearly 300,000 people were hospitalized in 2005, double the 2000 cases.

In Washington alone, the Seattle Times reports, 4,100 cases last year with 259 people dying with c-diff, though they say the infection may not have been the primary cause of death. We know c-diff spreads by spores in feces and hits mostly people over 65, though teenagers lax at hygiene may be at risk too.

Infection control programs have reportedly been beefed up throughout Washington, but experts say good hygiene and hot soapy water are the best ways to get rid of bad bacteria versus some antibiotics that actually help c-diff spread.

Mission Statement: *We are committed to serve our community with prompt, consistent and professional fire suppression, basic life support and rescue services.*