



Thurston County Fire Protection District 8

SOUTH BAY NEWS

3506 Shincke Rd NE Olympia WA 98506 360/491-5320

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June/July 2009

Upcoming Events



- ♦ June 1
Business/Assc Mtg
- ♦ June 5
BoFC Mtg 8 am
- ♦ June 8
Medic 1 Update
- ♦ June 14
Flag Day
- ♦ June 16
Graduation
- ♦ June 19
BoFC Mtg 12 noon
- ♦ June 21
Father's Day
- ♦ June 22
OTEP Cardiac
Emergencies
- ♦ June 29
MVA Multi-Co Evolution
- ♦ July 2
BoFC Mtg 8 am
- ♦ July 6
Business/Assc Mtg &
Barbecue
- ♦ July 15
BoFC Mtg 12 noon

OTEP REMINDER

Don't forget to log-on to www.emsonline.net to complete your online training (OTEP) prior to the scheduled practical session.

- ♦ June 22—Cardiac Emergencies

BOWLING FOR KIDS

On Saturday, May 16th, several members from our Department created a team to participate in the 2009 Bowl for Kids Sake Cops vs. Firefighters Bowl. This competition raises money for the Big Brothers, Big Sisters organization. The South Bay Team raised over \$1100, coming in third place for the most money raised. Our team then came in third place during the bowl-off between all the local police and fire departments that participated.

The South Bay Fire Department team included Ben Dicke, Adam Jones, Ressa LaRosa, Sean Murphy, Michael Fernstrom and his "Little" Justin. Also participating was Ethan Evans who was unable to attend due to class but contributed to the funds raised. Thanks to all our members who participated and made donations to this great cause that supports our local children in the community. Mike wants to give special thanks to everyone for their continued support with Big Brothers Big Sisters of Thurston County!



Adam Jones, Michael Fernstrom, Ressa LaRosa, Sean Murphy, Ben Dicke and Justin

GRADUATION COMING UP!

It is with great pride and honor that we recognize the graduates of the *Thurston Fire and Rescue Training Consortium Recruit Academy Class of 2009* and *Medic One EMT Class*. The graduation ceremony takes place Tuesday, June 16, 2009 beginning at 6:30 p.m. It will be held at the Olympia High School Performing Arts Center, 1302 North Street, SE Olympia, Washington.

The South Bay Fire Department has four Fire Fighter Academy graduates: Dale Kapsandy; Matt Conklin; Chris Cook and Peter Bergford.

We also have three students graduating from the EMT class:

Evan Parnell; Raymond Meyer and Chris Bevan.

These ambitious men and women have achieved success by working hard to increase their knowledge and skill, discover their abilities and strengthen their talents.

Recruits will be joined by their families and friends for this celebratory event. We invite and encourage all of our members to attend and show their support.



Teamwork allows common people to attain uncommon results.

MICHAEL FERNSTROM EMS RESPONDER OF THE YEAR!

We are very proud to congratulate Michael Fernstrom for being recognized as EMS responder of the Year by the Washington State Fire Fighters Association. He was recognized at a recent awards dinner in Wenatchee.

Mike Fernstrom is very motivated individual who is dedicated to the fire industry and more importantly to the EMS system. Mike joined our department almost two years ago after moving here from Virginia. While in Virginia he practiced as an EMT-Intermediate and during this time he responded to the Virginia Tech shooting to provide aid to victims there. When he joined our department he became an EMT-Basic since we do not have EMT-Intermediate positions.

As an EMT for our department, Mike has been a remarkable resource in helping not only the EMT students within our department, but also the students from other departments. Often times he will come in on his days off from work or school and be with our students until late in the night for their last minute study sessions. In addition, Mike also juggles a job at the local hospital as an electronic imaging assistant, paramedic school (he is currently in the top 5 in his class); volunteering with us as a ff/EMT; volunteering as a big brother for the Big Brothers Big Sisters organization; and taking extra classes that interest him in the fire/ems service. How he does all of this is amazing! He definitely represents what the fire and emergency medical services stand for and is a role model for others.

We are very proud to have Mike as a volunteer with our Department and it is our pleasure to recognize him for this outstanding honor!



LAKEFAIR PARADE

Olympia's annual Capital Lakefair celebration takes place July 10-19. Once again, the South Bay Fire Department

will participate in the *Grande Parade* on Saturday, July 18th. Members will have fun riding the engine 822 parade truck and celebrating community spirit. The actual parade begins at 5:00 pm and the time to meet at Station 81 will be announced for those interested in participating. We will have a sign-up sheet near the mailboxes.

Please visit their web site for further details at www.lakefair.org We hope you can be there to share in the celebration!

FAMILY BARBECUE

Every year the Firefighter's Association host a summer family barbecue. This year the fun-filled event takes place on Saturday, August 8, beginning at noon and will be held at the Oddfellows Park off of Walnut Drive. All South Bay Fire Department members and their families are encouraged to attend. Our Association will provide burgers, hotdogs and all the fixin's. All you need to bring is something to share (salad, dessert or side dish) and your appetites! This is a beautiful park with water, so come prepared to swim and soak up the sun. Feel free to bring your boat if you have one. If you have any questions or would like to know how you can help, please call

Damian Longmire or Doug Kilpatrick.

TESTING FOR NEW RECRUITS

As part of our recruitment process new applicants are scheduled to take a written exam and physical agility test in July. Successful applicants who pass their tests will then participate in oral boards. After completing all testing processes and some initial training, recruits will start classes in September for either EMT class or Recruit Academy. The selection process dates are as follows:

Physical Agility Practice
Oral Boards

June 30 6-8 pm
July 21 6-10 pm

Written Test & Physical Agility

July 18 9 am

Mission Statement: *We are committed to serve our community with prompt, consistent and professional fire suppression, basic life support and rescue services.*