

CPR Class Schedule for South Bay Fire Department 2023

Where: North Olympia Station 8-3, 5046 Boston Harbor Road NE, Olympia, WA 98506
When: 2nd Wednesdays 7 pm – 8 pm

All Training is Compression Only

Dates:

- January 11
- February 8
- March 8
- April 12
- May 10
- June 14
- July 12
- August 9
- September 13
- October 11
- November 8
- December 13



Call Medic One at (360) 704-2790 to register for this free class or for further information.

Medic One provides compression only CPR with AED training held at Station 8-3. These one to one and a half hour long classes meet nationally recognized criteria for CPR training in the workplace. Classes are FREE to those who live or work in Thurston County. Compression-only CPR is CPR without mouth-to-mouth breaths. It is recommended for use on a teen or adult. American Heart Association (AHA) Heartsaver course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements.

(*Note:* Please call Medic One or visit their website at <https://www.thurstoncountywa.gov/m1/Pages/cpr.aspx> for information on CPR classes held at other locations. Medic One does not provide First Aid Training.)